

# NURTURING PARENTING® CLASSES



casa de los niños

**FREE!**  
GENEROUSLY  
UNDERWRITTEN BY  
NEW SPIRIT  
LUTHERAN  
CHURCH

**THE NURTURING PARENTING® PROGRAM** is a family-centered, trauma-informed program for families in need of additional support.

This program encourages positive parenting skills with nurturing behaviors and empowers families through structure, laughter, and play. It also promotes healthy physical and emotional development and non-violent discipline.

You can find class descriptions, current scheduling and topics at [casadelosninos.org](https://casadelosninos.org).



**MARCH 11 – JUNE 24, 2023**  
16 sessions | Saturdays | 1:00–3:00 PM  
Register at [casadelosninos.org](https://casadelosninos.org)

Snacks will be provided

Classes are hybrid events—  
they will be in-person and simultaneously  
streamed on Zoom.

QUESTIONS?

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